

CRANSTOUN

Empowering People, Empowering Change



6-Week Brief Intervention Group

Start the New Year by taking the first step towards positive change. This weekly group will help you set goals around your alcohol or drug use and make healthier choices.



Every Monday - join when convenient



Rolling group of 6 (one hour) sessions



**Cranstoun, Unit 13, Reform Road
Maidenhead, SL6 8BY**



To register your interest, scan the QR Code and complete our online referral form.

**Cranstoun RBWM
01628 796 733
www.cranstoun.org**

